

PRESUMPCOT DUCKS

20/21 SEASON LAYOUT



TEAMS AGING FROM 10U TO 14U

WINTER TRAINING

- 12 winter hitting sessions starting the week of December 4th and ending the week of March 24th
- 7 Fielding Sessions. 2 in January and February. 3 in March.
- 6 catchers clinics. 2 per month from January through March
- 6 pitchers clinics. 2 per month From January through March
- Baseball Boot Camp: Fitness training geared towards baseball movements, core strength, and building physical/mental toughness. 6 sessions starting in February and going through March.



2021 REGULAR SEASON

- Full Elite Baseball League season and playoffs. Double Headers on Saturdays and Sundays. 20+ game schedule.
- One tournament per team guaranteed. Each team will have the option to play in more.
- One practice per week starting in April and going through July. Some coaches may choose to have more.



DUCKS TRYOUTS

- August 16th
- 10U: 9am @ Westbrook High School Softball Field
- 11U/12U: 12p @ Westbrook High School Softball Field
- 13U/14U: 3p @ Westbrook High School Baseball Field
- Tuition is \$800
- Register now at www.presumpscotducks.com
- If you have any questions contact presumpscotducks@gmail.com

Definitely a strange year for baseball, but the league and everyone involved did a great job making this happen for the kids. I'd like to thank the parents for putting up with the chaos and confusion. Without your patience and understanding the season would not have been a success.